

Transition from Children's Waivers to Adult Waivers Checklist

Parent/Guardian,

In preparation for your child transitioning from Home and Community Based Services (HCBS) waivers for children to those for adults, we encourage you to work with your child's Case Manager through the following items.

One Year (or More) Before Transition

- ☐ Develop goals with your child for how they will live as an adult
- ☐ Outline milestones required to meet your child's goals
- ☐ Begin to consider which waiver and program(s) might be the best fit for your child

HCBS Waivers

Brain Injury (BI) Waiver

- This waiver provides a home or community-based alternative to hospital or specialized nursing facility care, for persons with a brain injury; you can find more information at hcpf.colorado.gov/brain-injury-waiver-bi

Community Mental Health Services (CMHS) Waiver

- This waiver provides a home or community-based alternative to nursing facility care for people with major mental illness; you can find more information at hcpf.colorado.gov/community-mental-health-supports-waiver-cmhs

Complimentary and Integrative Health (CIH) Waiver

- This waiver provides a home or community-based alternative for people living with a spinal cord injury (traumatic or nontraumatic), multiple sclerosis, brain injury, spina bifida, muscular dystrophy, or cerebral palsy with the inability for independent ambulation; you can find more information at hcpf.colorado.gov/complementary-integrative-health-waiver-cih

Elderly, Blind, and Disabled (EBD) Waiver

- This waiver provides an alternative to nursing facility care for elderly, blind, or physically disabled persons, as well as individuals living with HIV/AIDS; you can find more information at hcpf.colorado.gov/elderly-blind-disabled-waiver-ebd

Developmental Disabilities (DD) Waiver

- This waiver provides people with developmental disabilities services and supports that allow them to continue living in the community; you can find more information at hcpf.colorado.gov/developmental-disabilities-waiver-dd

Supported Living Services (SLS) Waiver

- This waiver provides supported living in the home or community to persons with developmental disabilities; you can find more information at hcpf.colorado.gov/supported-living-services-waiver-sls

Programs

Community First Choice (CFC)

- If your child needs support with Personal Care, Homemaker, and/or Health Maintenance Activities (HMA); you can find more information at hcpf.colorado.gov/community-first-choice-option

Long-Term Home Health (LTHH)

- If your child needs ongoing Home Health services beyond the Acute Home Health period; you can find more information at hcpf.colorado.gov/home-health-program-0

Health First Colorado Buy-In Program for Working Adults

- If your child decides to start working at 18, they can still apply for the Health First Colorado Buy-In option, which allows them to pay a small premium and get the same Medicaid services; you can find more information at hcpf.colorado.gov/buy-in-program-working-adults-disabilities

Vocational Rehabilitation

- If your child wants to further their training or education, they can apply for Vocational Rehabilitation, which will pay for it; you can find more information at dvr.colorado.gov

90 Days Before Transition

Apply for the adult waiver that will best meet your child's needs

Apply for other programs that will best meet your child's needs, if applicable

60 Days Before Transition

If you feel your child is unable to make decisions for themselves, you may consider applying for guardianship or alternatives to guardianship; you can find more information at colorado-opg.org/opg-in-depth/guardianship-and-alternatives-to-guardianship

30 Days Before Transition

Schedule an appointment for your child to apply for Supplemental Security Income (SSI)

- Call ahead to make an appointment or begin the process online; you can find more information at www.ssa.gov/ssi
- The appointment must occur on or after your child's 18th birthday

- Include your child’s most recent Individualized Education Plan (IEP), recent medical reports, and documentation of their disability

Schedule an appointment for your child to get their Colorado Identification Card; you can find more information at dmv.colorado.gov/identification-card

Additional Information

You can find the Health First Colorado Member Handbook at www.healthfirstcolorado.com/benefits-services/member-handbook

Local Contact Information and Resources (as applicable)
Case Management Agency Contact Information:
County Office Contact Information:
Local Resources or Programs: