

NEW IN
2023

Our Time

A UNIQUE PROGRAM FOR
SIBLINGS TO CONNECT WITH
THEIR PEERS

Our Time is for pre-teens and teens who have siblings with disabilities to make connections and build friendships.



We invite pre-teens and teens who have siblings with disabilities to gather with other siblings and have fun at Our Time! Our Time provides a welcoming environment for participants to enjoy activities, make friends, and be themselves. Connecting with other siblings who experience similar situations and feelings can provide a sense of understanding. Adults who have siblings with disabilities will often be present to help with activities or just listen.



Age-appropriate activities include roller skating, arcade games, and a baseball game!
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Food will be provided.



This TRE program expands our respite offerings. Respite is vital and supports the mental health of the entire family. Learn more about our respite programs at www.tre.org/services/break-time.

Contact our Respite Programs Specialist, Sarah Nolan, about this fun program!
snolan@tre.org or (719) 338-1718



Empowering People. Strengthening Families. Building Inclusive Communities.

(719) 380-1100 | www.tre.org

All volunteers complete a background check.