

Break Time: A respite program for parents & guardians of children with special needs. All of the children in the family are cared for and entertained to provide a true break for parents and guardians.

Who is eligible?

This program is designed for families who cannot hire the traditional babysitter due to high behavior or medical needs. Any child or young adult, ages 3 months to 21 years, living in El Paso, Park or Teller counties, who has a special health care need, be it cognitive, medical, physical, sensory, or social-emotional, will be considered for Break Time. Siblings are highly encouraged to attend. We strive to pair every child with a volunteer from our community. Our volunteers come from the UCCS Nursing Program, Air Force Academy Cadets, and other community organizations. Attendance is tracked for all Break Time sessions and priority is given to those that have never attended and have not attended recently. Overall session safety is the overriding factor. **A medical professional performs all medical procedures. A Behavioral Specialist attends most sessions on an as-needed basis.**

How does it work?

- ☀ Complete this registration packet and return it to Sarah Nolan by email @ RespitePrograms@tre.org or by mail or fax (see below). Email submissions must be scanned as low resolution PDF files. Other formats are too large to send.
- ☀ We will confirm your attendance and coordinate available sessions.
- ☀ Activities will include arts and crafts, music, dancing, and lots of fun.
- ☀ A meal and snacks will be provided. Please let us know if your child has any dietary restrictions.
- ☀ Locations & times vary. Participants will be given the times and location before each session. Sessions may not be held every month.
- ☀ All participation must be confirmed prior to the sessions by the Break Time Staff. **There is no capability for unscheduled drop-offs.**

**6385 Corporate Drive, Suite 100, Colorado Springs, CO 80919
Phone (719) 338-1718 Fax (844) 207-6957**

Break Time Enrollment Form

If any siblings will be attending, please print off and complete a sibling form for each child that will be attending. All forms must be completely filled-out for all children before they can be registered for Break Time. Leave No Unanswered Questions or Blank Pages. Write N/A if not applicable.

Name of Child with Special Needs: _____ Nickname: _____ Male Female

Date of Birth: _____ Child's Primary Language (including ASL): _____

Preferred Pronouns: _____

Please list names and ages of all siblings who will be attending: _____

Name of Parent or Guardian #1: _____

Cell Phone # for Parent or Guardian #1: _____ May we text this number? No Yes

Name of Parent or Guardian #2: _____

Cell Phone # for Parent or Guardian #2: _____ May we text this number? No Yes

Home Address: _____ Zip Code: _____

Please note all communication will be done via email. Email: _____

Emergency Contact/Name and Phone #: _____

List anyone child is allowed to be picked up by: _____

How did you hear about our program? _____

What Diagnoses have been identified to meet criteria for a Developmental Delay under age 5 or Intellectual or Developmental Disability over age 5?

Have you been determined to receive services through TRE? No Yes If yes, what services are you receiving? _____

Are All Immunizations up to Date? No Yes (If no, which are out-of date?) _____

Name of Child's Primary Care Physician: _____ Phone: _____

Will your child need a nap during Break Time? No Yes What is his/her usual bedtime? ____:____.

Is your child non-verbal? No Yes. If yes, how do they communicate with others? _____

List any allergies: _____

Does your child have any dietary restrictions? _____

Describe any history or possibility of choking or aspirating while eating: _____

Does your child have any history of seizures at any time in their life No Yes

If applicable, what will a seizure look like to a caregiver? _____

List & explain all special equipment that your child uses (i.e. wheelchair, oxygen, g-tube, tracheotomy, etc.):

Describe your child's **toileting needs**: _____

Does your child suffer from any of the following? (Check all that apply.)

- Auto Immune Disease Asthma Diabetes High Blood Pressure

Please list any other medical conditions we should be aware of? _____

Break Time Behavioral Questionnaire

Please **answer all questions** as honestly as possible. Behavioral issues will not exclude your child from attending Break Time. Please explain all Yes answers.

Does your child suffer from any of the following? (Check all that apply.)

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Mood swings (i.e. goes from great sadness to happiness) | <input type="checkbox"/> Very upset when left by parents | <input type="checkbox"/> Sexual Inappropriate Behavior | <input type="checkbox"/> An elopement risk |
| <input type="checkbox"/> Compulsions | <input type="checkbox"/> Homicidal Ideation | <input type="checkbox"/> Obsessions | <input type="checkbox"/> Developmental Delays |
| <input type="checkbox"/> Eating problems | <input type="checkbox"/> Suicidal Ideation | <input type="checkbox"/> Substance Abuse | <input type="checkbox"/> |

Does your child have any **legal charges or convictions**? No Yes, please explain _____

How do you handle your child's behavioral issues? _____

How does your child respond to your intervention? _____

Please list at least 5 things **your child likes**/enjoys doing: _____

Break Time Medication Form

Make copies of this blank if there are more than 2 medications to be administered.

Fill out this form completely and accurately. If your child is on medications, but will not be receiving them during Break Time, please just attached a copy of all current medications they are on.

Bring a sufficient amount of medication, in a current, prescription container. Over-the-counter medications, ointments and sunscreens must be delivered in original containers with instructions and warnings clearly visible. Medications that are brought to sessions in any other manner cannot be administered during Break Time or even left at the facility. You will have to choose between coming back at medication time or skipping a dose. The Registered Nurse must approve those options and may decide to reschedule your child. ****Caregivers do not administer or accept possession of any medications.****

Today's Date _____ **Child's Name** _____

Name of Medicine #1: _____ Dosage: _____

Reason the child needs the medication: _____

Method of Administration: _____

Any difficulties giving? (suggestions for nurse) _____

Times(s) to be given: _____

Side effects to watch for: _____

Does this medication need to be refrigerated? (please circle) Yes No

Name of Medicine #2: _____ Dosage: _____

Reason the child needs the medication: _____

Method of Administration: _____

Any difficulties giving? (suggestions for nurse) _____

Times(s) to be given: _____

Side effects to watch for: _____

Does this medication need to be refrigerated? (please circle) Yes No

Parent's Signature _____

CONSENT TO RELEASE INFORMATION/PHOTOS, VIDEOS, STATEMENTS.

Please list ALL children that will be attending.

PLEASE FILL OUT EACH SECTION BELOW

Children's Names:	Birth Dates:	
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I hereby authorize: **The Resource Exchange** To release information to: **The Resource Exchange**

1. **Authorization:** Initial ONE OF THE FOLLOWING CHOICES BELOW:

- A. _____ I authorize The Resource Exchange to photograph
- B. _____ I do not authorize The Resource Exchange to photograph
(name) _____ or use likeness to promote The Resource Exchange.

2. **Information Request:** Initial ALL THAT APPLY or mark "N/A" if not applicable to this consent. The following information is requested:

	Photos, Videos, Statements, printed material. These may be used with or without my name and for any lawful purpose for TRE Marketing and promotions both internally with staff and externally with the community via TRE's website and social media.
	_____ (please initial) I understand that photos, videos, statements and printed materials released between the effective date of this authorization and the date of revocation may still be used in the public domain.
	Other: (please specify)

3. **Identification Authorization:** Initial your preference.

	TRE may use my full name on marketing and promotions materials.
	TRE may only use my first name on marketing and promotions materials.
	I wish to remain anonymous.

4. **Information Usage:** The above information may be utilized for: (please specify):

5. **Consent Term:** This consent will remain in effect until (not to exceed one year: _____(Date of Expiration)

5. **Signatures:** I/We do understand that I may revoke this authorization at any time, provided that I/we do so in writing to The Resource Exchange.

_____ Date

_____ Signature of Parent/Guardian

Parent Permission Slips

Break Time staff will call 911 to obtain emergency services for your child in any situation that is perceived to be life threatening. Please attach copies of all applicable insurance cards to avoid treatment delays.

The granted permissions and signed authorizations below are for my children: (name)

Contact parent/guardian: Name _____

Phone number(s) where you can be reached: _____

Other desired action: _____

Please read and sign the following authorizations (Write "Not Approved" in the date for any denied permissions).

In case of a non-life threatening emergency, illness, or accident, the staff of Break Time is authorized to provide transportation, including ambulance service deemed necessary by the Break Time staff which includes a registered nurse.

Parent/Guardian _____ Date _____

I authorize and consent to any medical diagnostic tests, procedures and treatment to be performed by an appropriate physician, relating to or arising out of any accident, illness, or injury occurring at, or in conjunction with, any Break Time activity.

Parent/Guardian _____ Date _____

Required for attendance if applicable: My child _____ uses a wheelchair, and I give my permission for caregivers and professional staff to push/operate his/her wheelchair under the supervision of the BreakTime staff.

Parent/Guardian _____ Date _____

Your child is receiving these services in cooperation with our local colleges. Details of his/her behavior, medical condition, or other provided information could be studied, evaluated, or written about by faculty or students. Your child's and family's identity will remain confidential and any copies of enrollment forms will have all names obscured.

I give my permission for college faculty and students to have access to my child's _____ name-obscured enrollment form copies and know that they may be used for classroom case studies.

Parent/Guardian _____ Date _____

I am willing to discuss more details about my child _____ with faculty and students. Confidentiality will be maintained for my entire family.

Parent/Guardian _____ Date _____

Per TRE policy, any granted permission can be immediately revoked by a parent, guardian or participant by any means of communication. This includes a verbal, written or digital notice to TRE.

Are any Sibling(s) attending Break Time? Yes / No

If Yes, please print and fill out the form below for every child that will be attending. We MUST have a completed section for ALL children that will be attending. Please do not list them all on one. If the sibling has a diagnosed or undiagnosed intellectual or developmental disability please contact us to get a custom application.

Name of Child: _____ Nickname: _____ Male Female

Pronouns: _____

Date of Birth: _____ Name of Parent(s) or Guardian(s): _____

If any medications could be given at Break Time, fill out the Medication Form for this child.

Does your child have any allergies? No Yes (If yes, please list) _____

Will your child need a nap during Break Time? No Yes What is his/her usual bedtime? ____:____

Does this child have any toileting needs? No Yes

If yes, explain: _____

Please answer all questions as honestly as possible. Behavioral issues will not exclude your child from attending Break Time. Please explain all Yes answers.

Does your child suffer from any of the following? (Check all that apply.)

Auto Immune Disease Asthma Diabetes High Blood Pressure

Please list any other medical conditions we should be aware of? _____

Does your child suffer from any of the following? (Check all that apply.)

Mood swings (i.e. goes from great sadness to happiness) Very upset when left by parents Sexual Inappropriate Behavior An elopement risk

Compulsions Homicidal Ideation Obsessions Developmental Delays

Eating problems Suicidal Ideation Substance Abuse

Does your child have any legal charges or convictions? No Yes, please explain _____

How do you handle your child's behavioral issues? _____

How does your child respond to your intervention? _____

Please list at least 5 things your child likes/enjoys doing: _____

All information will be kept confidential and for the exclusive use of Break Time staff only.

Your signature signifies that the information you have or will provide is, to the best of your knowledge, true and accurate.

(Signature of Parent or Guardian)

(Date)

Please provide us with any information that you would like us to know about your children. Finish incomplete answers to previous questions below as well. If there is not enough space, please attach your narrative of important medical, behavioral, or any information that we may need to care for your child.

Do you have any questions at this time?

Do you know of another family that might benefit from our program? Please include their name, phone number, and email

address: _____

Name of Child: _____