



MEDIA ADVISORY

Jun 2, 2022

TRE to host family day for families of children and young adults with disabilities *Families of children with intellectual and developmental disabilities will gather in Colorado Springs*

The Resource Exchange (TRE) will host a family fun day in Colorado Springs Saturday, June 4th! The event brings together families who are part of TRE's Break Time and Gathering Time programs, initiatives that provide essential respite to families with children and young adults with intellectual and developmental disabilities.

WHAT: The Resource Exchange Family Fun Day

WHEN: Saturday, June 4, 2022
Two sessions: 11:00 a.m. – 1:00 p.m. and 1:30 p.m. – 3:30 p.m.

Visuals throughout the event will include children's activities and games for young adults, obstacle course, limbo, etc.

WHERE: Northtree Park 6885 Vista Del Pico Colorado Springs, CO 80927

EVENT CONTACT: Sarah Nolan, Respite Programs Specialist, can be reached prior to or at the event at snolan@tre.org or (719) 338-1718.

- During the pandemic, many respite programs were scaled back or eliminated altogether due to limited staffing or funding. TRE has hosted Break Time for many years for children with intellectual and developmental disabilities. In 2022, TRE launched Gathering Time to respond to the needs of young adults ages 18-35.
- Respite is vital for the mental health of the entire family. Programs like Break Time and Gathering Time provide essential respite for families and caregivers to take a break and recharge while those in their care also benefit from social connection and fun!
- For reference -- www.tre.org/services/break-time/

Advocating for independence and inclusion, The Resource Exchange (TRE) partners with children and adults who have a variety of disabilities, delays, mental health or long-term care needs. We do this using a person-centered approach in coordinating care, promoting choices, and collaborating with community partners.

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