

COVID-19 Resources						
Name	Address	Phone Number	Times	Website	Email	Notes
State/City Notices						
Colorado Department of Public Health & Environment		303-389-1687 or 877-462-2911		https://covid19.colorado.gov/	COHELP@RMPDC.org	CO-HELP operators cannot recommend whether or where you get tested, provide medical advice or help you with your prescriptions. They cannot provide testing results. They cannot clear you to go to work. If you are seeking help for anything other than general questions, please try a healthcare provider or nurse line.
State/City Closures						
Centers for Disease Control and Prevention	1600 Clifton Rd Atlanta, GA 30329	888-232-6348	Monday - Friday 8am to 8pm	https://www.cdc.gov/coronavirus/2019-ncov/		Please contact individual companies if you do not see them listed or you have questions.
Pikes Peak Regional Emergency Management - Colorado Springs	375 Printers Parkway Colorado Springs, CO 80910	719-385-5957		https://coloradosprings.gov/pikes-peak-regional-emergency-management-colorado-springs	Email on Site	El Paso County Public Health is closely monitoring the outbreak of novel coronavirus, or COVID-19. They are working in collaboration with other national, state and local partners.
Prevention						
ARC - Guide to COVID19 for IDD Community				https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Pain-Language-Information-on-Coronavirus.pdf?fbclid=IwAR3MZY-QmXKsaiyhZfDhbRuywHFDIYr5och1Kle7oKLOKfwKXsz45hpk	Email on Site	An accessible guide for prevention measures as well as explaining the virus for individuals with differing abilities.
Centers of Disease Control				https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html	Email on Site	Preparing families and preventing the spread of Coronavirus.
Department of Homeland Security	500 C St SW Washington, DC 20472		800-621-3362	https://www.ready.gov/pandemic	Email on Site	Preparing families and preventing the spread of Coronavirus.
The Independence Center	729 S Tejon St Colorado Springs, CO 80903	Monday - Friday 8am to 4:30pm	719-471-8181	https://www.theindependencecenter.org/covid-19/	Email on Site	With the rise of COVID-19 (coronavirus) in the U.S. and locally, we understand that these are uncertain times. We want to reassure you that our staff, services, and resources will continue to be available to you. However, in an effort to mitigate the impact on our consumers, clients, and staff, we are making changes in some of the ways we do business.
World Health Organization				https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public		Stay aware of the latest information on the COVID-19 outbreak, available on the WHO website and through your national and local public health authority. Most people who become infected experience mild illness and recover, but it can be more severe for others. Take care of your health and protect others by doing the following.
Education for IDD Community						
Autism Focused Intervention Resources and Modules				https://afirm.fpp.unc.edu/supporting-individuals-autism-through-uncertain-times?fbclid=IwAR2IM3AVIXZSwkCVmkW-66804WwH3U7XFBKqmmvypQvQUXcwqUWVY	Email on Site	All children and young adults require support from caregivers during times of stress and uncertainty, such as those we are facing now with the spread of the coronavirus (COVID-19). Coping with the unknown and navigating school closures, abrupt changes in routines, loss of connections with teachers and friends, and fear around contracting the virus- are burdens for all, and caregivers play an important role in helping children and young adults understand the changes and process their related feelings. Individuals with autism may need additional support to process the news and adapt to the many changes.
Autism Society of Colorado	PO Box 848, Broomfield, CO 80038	720-214-0794	Monday - Friday 9am to 3pm	https://www.autismcolorado.org/covid-19-resources	info@autismcolorado.org	The Autism Society of Colorado understands the ongoing concerns surrounding COVID-19, and the added challenges it brings to the autism community. We will continually update this page with relevant and reputable resources and information surrounding COVID-19, and provide support for the Colorado autism community.
Little Puddins				https://littlepuddins.ie/	amandallittlepuddins@gmail.com	Multiple Activities and PowerPoints for Autism and Special Needs
Employment						
Colorado Department of Labor and Employment	633 17th Street Suite 201 Denver, CO 80202	303-318-8000	Monday - Wednesday 8am to 4pm & Thursday - Friday 7:30am to 11:30am	https://www.colorado.gov/cdle/unemployment	Email on Site	According to the state Department of Labor and Employment, workers who have a reduction in hours or wages may file an unemployment claim at Colorado.gov. (Try this link if the previous link doesn't work.) People are urged to use the online tool instead of calling the office so that resources aren't strained.
USBG National Charity Foundation - Bartender Emergency Assistance Program	2654 W Horizon Ridge Pkwy Suite 85 PMB 252 Henderson, NV 89052-2803	855-655-8724	Call For Appointment	https://www.usbgfoundation.org/beap	foundation@usbg.org	Providing Grants and other resources to bartenders across the nation
Child Care						
COVID Child Care				https://covidchildcarecolorado.com/		The state has taken courageous efforts to help slow the spread of COVID-19 and "flatten the curve" by closing bars, restaurants, ski resorts and gyms. Our hope is that these necessary precautions will give our health care workers, including critical support staff, and emergency first responders enough time and capacity to build the infrastructure we need to contain the virus. However, we know that approximately 80,000 of those emergency workers have young children and without child care many of them will not be able to return to the jobs that are most crucial to containing the spread of the virus.
YMCA - Tri Lakes - Critical Child Care	17250 Jackson Creek Pkwy Monument, CO 80132	719-481-8728	Monday - Friday 6:30am to 6pm	https://ppymca.org/programs/youth/youth/child-care	childcare@ppymca.org	We will be closing our YMCA facilities beginning Tuesday, March 17 through Saturday, April 18, and will solely utilize our facilities to run critical child care for youth in the community we serve. Care will be offered Monday-Friday from 6:30 a.m. - 6:00 p.m. for ages 5-12 at our Garden Ranch and Tri-Lakes YMCAs. If the need for child care grows, we will expand to other YMCA facilities. Financial scholarships are available.
YMCA - Garden Ranch - Critical Child Care	2380 Montebello Drive W Colorado Springs, CO 80918	719-593-9622	Monday - Friday 6:30am to 6pm	https://ppymca.org/programs/youth/youth/child-care	childcare@ppymca.org	We will be closing our YMCA facilities beginning Tuesday, March 17 through Saturday, April 18, and will solely utilize our facilities to run critical child care for youth in the community we serve. Care will be offered Monday-Friday from 6:30 a.m. - 6:00 p.m. for ages 5-12 at our Garden Ranch and Tri-Lakes YMCAs. If the need for child care grows, we will expand to other YMCA facilities. Financial scholarships are available.
Grocery/Food						
Food Pantry Cancellations						
Colorado Springs Food Rescue	Helen Hunt at 917 E. Moreno Ave Colorado Springs, CO 80903	719-470-2737	Tuesday - Friday 3pm & Saturday 12pm	http://www.coloradospringsfoodrescue.org/covid19	info@coloradospringsfoodrescue.org	Offering free weekly no-cost grocery distribution. Due to site closures, weekly no-cost grocery distribution programs are currently suspended at the following locations: Meadows Park Community Center, Deerfield Hillside Community Center, Westside Community Center, Jack Swigert Middle School, & Atlas Preparatory School.
Care and Share - Colorado Springs	2605 Preamble Point Colorado Springs, CO 80915	719-528-1247	Monday - Friday 8am to 5pm	https://careandshare.org/COVID19/	Email on Site	We want to make sure we are in communication with you all about the efforts that we're taking here at Care and Share Food Bank around COVID-19. We continue to work with our partners to provide food throughout Southern Colorado, and we have a team in place monitoring and responding to the situation. Nutritious food is critical to maintain good health, so it's more important than ever to reach our neighbors in need. Help with an online donation. Find locations and cancellations on the website.
Care and Share - Pueblo	100 Greenhorn Drive Pueblo, CO 81004	719-296-6995	Monday - Thursday 8am to 4pm & Friday 8am to 12pm	https://careandshare.org/COVID19/	Email on Site	We want to make sure we are in communication with you all about the efforts that we're taking here at Care and Share Food Bank around COVID-19. We continue to work with our partners to provide food throughout Southern Colorado, and we have a team in place monitoring and responding to the situation. Nutritious food is critical to maintain good health, so it's more important than ever to reach our neighbors in need. Help with an online donation. Find locations and cancellations on the website.
Catholic Charities Marian House	14 West Bijou Street Colorado Springs, CO 80903	719-475-7314	Monday - Sunday 11am to 12pm	https://www.ccharitiescc.org/	info@ccharitiescc.org	Altered Meal Service at Marian House Soup Kitchen from a daily, hot meal served in the Marian House dining room, to distributing sack lunches daily between 11 am - noon.
Enchanted Realms Games and Gifts	1050 S Academy Blvd Colorado Springs, CO 80910	719-418-2187	Monday - Friday 12pm to 2pm	https://www.facebook.com/EnchantedRealmsGamesandGifts/	Email on Site	Come on down from 12-2 Mon-Fri and grab a brown bag lunch for school age children and parents that need it.
Fresh Start Center	7375 Adventure Way Colorado Springs, CO 80923	719-495-3123	Tuesday & Thursday 10am to 4pm & Every 3rd Saturday 10am to 1pm	https://www.freshstartcenter.com/	admin@freshstartcenter.com	Our food program is open every Tuesday and Thursday from 10AM-4PM, and every 3rd Saturday of the month from 10AM-1PM. When you come in, you will be greeted by the receptionist and guided through the process of receiving assistance. After this you will meet with one of our staff, so we can learn more about your situation and share some other resources that might be helpful to you. We serve the Eastern Plains and Pikes Peak Region. We ask that those looking for service stay close to home but do our best to never turn someone away. Supplies are going quickly, so please call before going.
Krazy Coupon Lady - Restaurants with FREE Delivery				https://thekrazycouponlady.com/tips/money/free-food-delivery	Email on Site	Providing you a list of Restaurants with FREE Delivery. Please verify with each restaurant you are ordering from.

Pikes Peak United Way	518 N Nevada Ave Colorado Springs, CO 80903	719-632-1543	Monday - Friday 8am to 5pm	https://www.ppunitedway.org/2-1-1/	info@ppunitedway.org	Offering several local resources for those seeking help with food, housing, utilities, clothing, transportation, taxes, mental health and more. Call 211 for more information.
Silver Key Senior Assistance	1605 S. Murray Blvd Colorado Springs, CO 80916	719-884-2300	Monday - Wednesday 9am - 4pm & Thursday 9am to 2pm	https://www.silverkey.org/services/senior-assistance/food-pantry/	info@silverkey.org	These food boxes allow seniors to stretch their food dollars further by supplementing their diets with a variety of foods, such as: nonfat dry and ultra-high temperature fluid milk, juice, farina, oats, ready-to-eat cereal, rice, pasta, peanut butter, dry beans, canned meat or poultry or fish, and canned fruits and vegetables. Meals on Wheels also available. Available for Seniors 60yrs and older.
SOCO Heating and Cooling	3013 N Hancock Ave Colorado Springs, CO 80907	719-551-2232	Monday - Friday 8am to 6pm & Saturday 9am to 4pm	https://socoheatingandcooling.com/	office@socoheatingandcooling.com	Offering free grocery delivery for all seniors, please call or email for details.
Springs Rescue Mission	5 W Las Vegas St Colorado Springs, CO 80903	719-632-1822	Breakfast 5:45am with seatings every 30 mins until 7:45am. Dinner 4pm, 4:30pm & 5pm	https://www.springsrescuemission.org/	Info@SpringsRescueMission.org	Due to global concerns about the COVID-19 virus, Springs Rescue Mission is in emergency operations mode. This means we are limiting community interactions on and off-campus. Our gift-in-kind donation dock will be closed until March 31 and all community events are postponed until further notice. We pray these efforts will allow us to focus our attention on guests and staff during this difficult time. SRM will still serve meals, provide shelter, and offer programming (where possible) to those in need.
School Lunches						
Adams Elementary School	2101 Manitoba Drive Colorado Springs, CO 80910	719-328-2900	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Aragon Elementary	211 S Main St. Fountain, CO 80817	719-382-1340	Monday - Friday 10:30am to 11:30am	https://www.ffc8.org/Page/5315	Email on Site	Children under 18 can grab a bag containing two meals from 10:30 a.m.-11:30 a.m. March 16-27 (excluding weekends). Child must be present!
Atlas Preparatory High School	1450 Academy Loop Park Colorado Springs, CO 80910	719-358-7196	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Atlas Preparatory Middle School	1602 South Murray Blvd Colorado Springs, CO 80916	719-358-7196	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Avondale Elementary School	213 US-50 BUS Avondale, CO 81022	719-947-3484	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Bessemer Elementary School	1125 E Routt Ave Pueblo, CO 81004	719-549-7505	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thru-lunch-and-breakfast-provided-march-17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
Beulah School of Natural Sciences	8734 School House Lane Beulah, CO 81023	719-485-3127	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Bricker Elementary School	4880 Dover Drive Colorado Springs, CO 80916	719-579-2150	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Carmel Middle School	1740 Pepperwood Drive Colorado Springs, CO 80910	719-579-3210	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Carson Middle School	6200 Prussman Blvd Colorado Springs, CO 80922	719-382-1610	Monday - Friday 10:30am to 11:30am	https://www.ffc8.org/Page/5315	Email on Site	Children under 18 can grab a bag containing two meals from 10:30 a.m.-11:30 a.m. March 16-27 (excluding weekends). Child must be present!
Centennial Elementary School	1860 S Chelton Road Colorado Springs, CO 80910	719-579-2155	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Cheyenne Mountain Junior High School	1200 W Cheyenne Rd Colorado Springs, CO 80906	719-475-6120	Monday - Friday 11am to 12:30pm	https://cmsd12-co-schoolloop.com/covid19	Email on Site	If you are concerned about food insecurity during the time schools are closed, District 12 will be providing free "grab and go" breakfast and lunch for all kids under 18 years of age beginning March 30, 2020. Meals can be picked up Monday through Friday (meals for the weekend will be distributed on Friday) from 11:00 - 12:30 at Cheyenne Mountain Junior High School.
Coronado High School	1590 W Fillmore St Colorado Springs, CO 80904	719-328-3600	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Craver Middle School	4850 Crow Cutoff Road Colorado City, CO 81019	719-676-3030	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Desert Sage Elementary School	935 Palomar Drive Pueblo West, CO 81007	719-647-8878	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Discovery Canyon Campus	1810 North Gate Blvd Colorado Springs, CO 80921	719-234-1800	Monday - Friday 10am to 11am	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Eagleview Middle School	1325 Vindicator Drive Colorado Springs, CO 80919	719-234-3400	Monday - Friday 10am to 11am	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
East High School	9 Mac Neil Rd Pueblo, CO 81001	719-549-7222	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thru-lunch-and-breakfast-provided-march-17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
Evans International Elementary School	1675 Winnebago Rd Colorado Springs, CO 80915	719-495-5299	Monday - Friday 11am to 11:30am	https://www.d49.org/site/Default.aspx?PageID=8441	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Falcon Elementary School of Technology	12050 Falcon Hwy Peyton, CO 80831	719-495-5272	Monday - Friday 11am to 11:30am	https://www.d49.org/site/Default.aspx?PageID=8441	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Fountain Mesa Elementary School	400 Camino Del Rey Fountain, CO 80817	719-382-1370	Monday - Friday 10:30am to 11:30am	https://www.ffc8.org/Page/5315	Email on Site	Children under 18 can grab a bag containing two meals from 10:30 a.m.-11:30 a.m. March 16-27 (excluding weekends). Child must be present!
Fox Meadow Middle School	1450 Cheyenne Meadows Road Colorado Springs, CO 80906	719-527-7100	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Frontier Elementary School	3755 Meadow Ridge Drive Colorado Springs, CO 80920	719-234-4600	Monday - Friday 10am to 11am	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Gateway Elementary	100 Panther Way Woodland Park, CO 80863	719-686-2051	Monday - Friday 11am to 1pm	http://www.re-2.org/	Email on Site	Grab and Go meals will be available from 11 a.m.-1 p.m. at the following locations. Bags include lunch and breakfast for the following day. On Fridays, meals for the weekend and Monday morning will be available.
Giberson Elementary School	2880 Ferber Drive Colorado Springs, CO 80916	719-579-2165	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Harrison High School	2755 Janitell Road Colorado Springs, CO 80906	719-579-2080	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.

Heaton Middle School	6 Adair Rd Pueblo, CO 81001	719-549-7420	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thrulunchandbreakfastprovidedmarch17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
Heritage Elementary School	625 Brown Ave Pueblo, CO 81004	719-549-7575	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thrulunchandbreakfastprovidedmarch17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
High Plains Elementary School	2248 Vintage Drive Colorado Springs, CO 80920	719-234-4700	Monday - Friday 10am to 11am	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Irving Elementary School	1629 W 21st St Pueblo, CO 81003	719-549-7570	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thrulunchandbreakfastprovidedmarch17-20	Email on Site	Parents can pick up meals March 23rd - April 17th from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
James Irwin Elementary & High School	5525 Astrozon Blvd Colorado Springs, CO 80916	719-302-9000	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Janitell Junior High	7635 Fountain Mesa Road Fountain, CO 80817	719-391-3295	Monday - Friday 11am to 1pm	https://www.wsd3.org/district-news/district-news-single/~board/district-news/post/notifications-regarding-covid-19-closure	Email on Site	Children up to 18 can get a "Grab and Go" meal that contains breakfast and lunch from March 17-27 (excluding weekends) between 11am to 1pm. Child MUST be present!
Lewis-Palmer High School	1300 Higby Rd Monument, CO 80132	719-488-4720	Monday - Friday 11am to 1pm	https://www.lewispalmer.org/coronavirus	Email on Site	Below is the latest information from the Center for Disease Control and the Colorado Department of Public Health & Environment regarding Coronavirus (COVID-19). According to the CDC, the best way to prevent illness is to avoid exposure to this virus.
Liberty Point Middle School	484 S Maher Drive Pueblo West, CO 81007	719-547-3752	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Manitou Springs High School	401 El Monte Place Manitou Springs, CO 80829	719-685-2074	Monday - Friday 11am to 12pm	https://www.msdsd14.org/	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Mann Middle School	1001 E Van Buren St Colorado Springs, CO 80907	719-328-2300	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Mitchell High School	1205 Potter Drive Colorado Springs, CO 80909	719-328-6600	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Monterey Elementary School	2311 Monterey Road Colorado Springs, CO 80910	719-579-2170	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Mountain Vista Community School	2550 Dorset Drive Colorado Springs, CO 80910	719-527-3400	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Mountainside Elementary	5506 Harr Ave Colorado Springs, CO 80902	719-382-1430	Monday - Friday 10:30am to 11:30am	https://www.fcc8.org/Page/5315	Email on Site	Children under 18 can grab a bag containing two meals from 10:30 a.m.-11:30 a.m. March 16-27 (excluding weekends). Child must be present!
North Middle School	612 E Yampa St Colorado Springs, CO 80903	719-328-2400	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Oak Creek Elementary School	3333 Oak Creek Drive W Colorado Springs, CO 80906	719-579-2175	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Odyssey Elementary School	6275 Bridle Spur Ave Colorado Springs, CO 80922	719-494-8622	Monday - Friday 11am to 11:30am	https://www.d49.org/site/Default.aspx?PageID=8441	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Otero Elementary School	1650 Charmwood Drive Colorado Springs, CO 80906	719-579-2110	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Palmer Lake Elementary School	115 Upper Glenway Palmer Lake, CO 80133	719-488-4760	Monday - Friday 11am to 1pm	https://www.lewispalmer.org/coronavirus	Email on Site	Below is the latest information from the Center for Disease Control and the Colorado Department of Public Health & Environment regarding Coronavirus (COVID-19). According to the CDC, the best way to prevent illness is to avoid exposure to this virus.
Panorama Middle School	2145 South Chelton Road Colorado Springs, CO 80916	719-579-3220	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Pikes Peak Elementary School	1520 Verde Drive Colorado Springs, CO 80910	719-579-2180	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Pioneer Elementary School	3663 Woodland Hills Drive Colorado Springs, CO 80918	719-234-5000	Monday - Friday 10am to 11am	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Pleasant View Middle School	23600 Everett Rd Pueblo, CO 81006	719-542-7813	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Pueblo Academy of Arts	29 Lehigh Ave Pueblo, CO 81005	719-549-7430	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thrulunchandbreakfastprovidedmarch17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
Risley International Academy of Innovation	625 N Monument Ave Pueblo, CO 81001	719-549-7440	Monday - Friday 11am to 12:30pm	http://www.pueblocityschools.us/d60-info-and-updates-about-covid-19/freedrive-thrulunchandbreakfastprovidedmarch17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
Rocky Mountain Classical Academy	4620 Antelope Ridge Drive Colorado Springs, CO 80922	719-622-8000	Monday - Friday 11am to 11:30am	http://www.rmccacs.org/	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Roy J Wasson Academic Campus	2115 Afton Way Colorado Springs, CO 80909	719-328-2000	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Russell Middle School	3825 Montebello Drive W Colorado Springs, CO 80918	719-328-5200	Monday - Friday 11am to 12:30pm	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Rye Elementary School	8121 CO-165 Rye, CO 81069	719-489-2272	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Sand Creek International School	550 Sand Creek Drive Colorado Springs, CO 80916	719-579-3760	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Sierra High School	2250 Jet Wing Drive Colorado Springs, CO 80916	719-579-2090	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.

Soaring Eagles Elementary School	4710 Harrier Ridge Drive Colorado Springs, CO 80916	719-540-4000	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
South Park Elementary School	3100 Hollywood Drive Pueblo, CO 81005	719-549-7600	Monday - Friday 11am to 12:30pm	http://www.pueblocitieschools.us/d60-info-and-updates-about-covid-19/freedrive-thru-lunch-and-breakfast-provided-march-17-20	Email on Site	Parents can pick up meals March 17-20 from 11am-12:30pm. Parents are asked to drive through the front drop-off area of their chosen school.
Sprout Junior High	235 Sumac Drive Colorado Springs, CO 80911	719-391-3215	Monday - Friday 11am to 1pm	https://www.wsd3.org/district-news/district-news-single/~board/district-news/post/notifications-regarding-covid-19-closure	Email on Site	Children up to 18 can get a "Grab and Go" meal that contains breakfast and lunch from March 17-27 (excluding weekends) between 11am to 1pm. Child MUST be present!
Stratmoor Hills Elementary School	200 Loomis Ave Colorado Springs, CO 80906	719-579-2185	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Stratton Meadows Elementary	610 Brookshire Ave Colorado Springs, CO 80905	719-579-2190	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Summit Elementary School	490 Meadow Park Dr Divide, CO 80814	719-686-2401	Monday - Friday 11am to 1pm	http://www.re-2.org/	Email on Site	Grab and Go meals will be available from 11 a.m.-1 p.m. at the following locations. Bags include lunch and breakfast for the following day. On Fridays, meals for the weekend and Monday morning will be available.
(Jack) Swigert Aerospace Academy	4220 E Pikes Peak Ave Colorado Springs, CO 80909	719-328-6900	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Timberview Middle School	8680 Scarborgough Drive Colorado Springs, CO 80920	719-234-3600	Monday - Friday 10am to 11am	https://www.asd20.org/stories/student-meals-during-closure	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Turman Elementary School	3245 Springrite Drive Colorado Springs, CO 80916	719-579-2195	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Ute Pass Elementary School	9230 Chipita Park Rd Cascade, CO 80809	719-685-2227	Monday - Friday 11am to 12pm	https://www.mssd14.org/	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Vineland Middle School	1132 36th Lane Pueblo, CO 81006	719-948-3336	Monday - Thursday 11am to 1pm	https://www.district70.org/apps/news/show_news.jsp?REC_ID=619852&id=0	Email on Site	Grab and Go breakfast and lunch bags will be available at the following locations between 11 a.m.-1 p.m. Monday-Thursday. Students under 19 will get free meals; adults can purchase meals for \$3 Monday-Wednesday and \$6 on Thursdays (extra meals will be available on Thursdays).
Watson Junior High	136 Fontaine Blvd Colorado Springs, CO 80911	719-391-3255	Monday - Friday 11am to 1pm	https://www.wsd3.org/district-news/district-news-single/~board/district-news/post/notifications-regarding-covid-19-closure	Email on Site	Children up to 18 can get a "Grab and Go" meal that contains breakfast and lunch from March 17-27 (excluding weekends) between 11am to 1pm. Child MUST be present!
West Elementary School	25 N 20th St Colorado Springs, CO 80904	719-328-4900	Monday - Friday 11am to 12:30pm	https://www.d11.org/covid19	Email on Site	Any student under the age of 18 can get a lunch "brunch bag".
Wildflower Elementary School	1160 Keith Drive Colorado Springs, CO 80916	719-579-2115	Monday - Friday 10am to 12pm	https://www.hsd2.org/Page/3828	Email on Site	Children up to 18yrs old can pick up to two bagged meals per day.
Health & Mental						
Anxiety and Depression Association of America	8701 Georgia Ave Suite 412 Silver Spring, MD 20910	240-485-1001		https://adaa.org/finding-help/coronavirus-anxiety-helpful-resources	information@adaa.org	ADAA understands that for many in our public community the current coronavirus outbreak is triggering increased anxiety - especially with such heightened media attention.
Colorado Medicare	1560 Broadway Suite 850 Denver, CO 80202	888-696-7213	Monday - Friday 8am to 5pm	https://www.colorado.gov/pacific/dora/senior-healthcare-medicare	Email on Site	Information on Medicare in Colorado
Family Voices	PO Box 37188 Albuquerque, NM 87176	505-872-4774	Monday - Friday 9am to 5pm	https://familyvoices.org/coronavirus/	Email on Site	Family Voices will update this page with current information to support the unique conditions affecting individuals with special health care needs and their families. In the event that COVID-19 affects your community directly, please follow all instructions from the CDC and your state and local health departments.
Health First Colorado - Medicaid Program	1570 Grant St Denver, CO 80203	303-839-2120	Monday - Friday 8am to 4:30pm	https://www.healthfirstcolorado.com/covid/	Email on Site	Our members' health and safety is our top priority. Health First Colorado is working with our government partners and all Health First Colorado doctors and providers to make sure our members will get the care they need.
Individual Insurances		Call Customer Service Number on the back of your card		https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/	Email on Site	The health and well-being of millions of Americans remains our highest priority. Health insurance providers are committed to help prevent the spread of the coronavirus strain COVID-19. We are activating emergency plans to ensure that Americans have access to the prevention, testing, and treatment needed to handle the current situation. Many insurance companies are waiving limits on 30-day supplies for prescriptions and encouraging people to get 90-day supplies instead.
National Health Law Program	1444 I Street NW, Suite 1105 Washington, DC 20005	202-289-7661		https://healthlaw.org/ensuring-people-have-access-to-prescription-drugs-during-the-covid-19-pandemic/?utm_source=newsletter&utm_medium=email&utm_content=Ensuring%20People%20Have%20Access%20to%20Prescription%20Drugs%20during%20the%20COVID-19%20Pandemic&utm_campaign=2020.03.19_CSHCN_Network_Newsletter	Email on Site	As many communities are closing businesses, canceling public gatherings, and encouraging people to engage in "social distancing" or voluntary isolation related to COVID-19, people will need to make sure they have access to the medications they rely on during an extended period at home.
The Center for Start Services	57 Regional Drive Unit 8 Concord, NH 03301	603-228-2084	Monday - Friday 8am to 4:30pm	https://www.centerforstartservices.org/covid-19-resources	start lod@unh.edu	The Center for START Services supports a network of START programs, teams, and communities across the United States. Sharing resources about COVID-19 reflects START's mission to link systems in an effort to build capacity. This webpage provides information regarding the US outbreak of COVID-19 from multiple validated and diverse resources in one central location. When everyone has access to information, a common understanding is established, offering opportunities for positive outcomes.
The National Child Traumatic Stress Network	650 Clark Way, Palo Alto, CA 94304	650-326-5530		https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf	careteam@ctonline.org	The National Child Traumatic Stress Network provides resources for family and children including routines, coping with stress, schedules, activities, and self-care.
Internet						
Comcast	5020 N Nevada Ave Colorado Springs, CO 80918	855-846-8376 (English) & 855-765-6995 (Spanish)	24/7	https://www.internetessentials.com/covid19	Email on Site	As our country continues to manage the COVID-19 emergency, Comcast is taking immediate steps to help connect low-income families to the Internet at home. New Internet Essentials customers will receive two free months of Internet service, which is available to all qualified low-income households for \$9.95/month plus tax. Apply by April 30, 2020.
CenturyLink	931 14th Street Denver, CO 80202	800-871-9244	Monday - Friday 8am to 6pm; Saturday & Sunday 6:30am to 9:30pm	https://www.centurylink.com/home/	Email on Site	At CenturyLink, we know our customers are counting on us to keep our network running so our children can continue to learn and the world's businesses can continue to run efficiently. We stand ready, willing and able to meet our customers' near-term and long-term needs and are prepared to ensure traffic flows smoothly across our network, regardless of increased demand. We will waive late fees and will not terminate a residential or small business customer's service for the next 60 days due to financial circumstances associated with COVID-19. Today, we committed to the FCC's "Keep Americans Connected Pledge" outlining these actions. We are also suspending data usage limits for consumer customers during this time period due to COVID-19.
Seniors						
Administration for Community Living	300 C St Sw Washington, DC 20201	202-401-4634		https://acl.gov/COVID-19	Email on Site	Older people are more likely to have serious COVID-19 illness. This may be because immune systems change with age, making it harder to fight off diseases and infection. Older adults also are more likely to have underlying health conditions that make it harder to cope with and recover from illness.
Dollar General - All Locations	Colorado Springs, CO		1st Hour Open to Seniors ONLY	https://www.kktv.com/content/news/Dollar-General-will-dedicate-first-hour-of-each-shopping-day-to-seniors-568848171.html?fbclid=IwAR2xk0LFC1d05-pe8YCSf4aHsP941xwNfmz3D20TmgUJWNfVcUaEQoXQ		"In keeping with our mission and our ongoing commitment to serve our communities, we are dedicating the first hour of each day to seniors," Todd Vasos, CEO for Dollar General stated according to a release. "We appreciate our customers' understanding of our decision and request they visit our stores later in the morning to allow at-risk populations the ability to purchase the items they need at affordable prices."
Senior Resource Development	230 N Union Ave Pueblo, CO 81003	719-545-8900	Monday - Friday 8am to 5pm	http://www.srda.org/	Email on Site	The mission of SRDA is to provide programs and projects that enhance the quality of life for the senior community of Pueblo and increase opportunities for independent living. Through its inclusive structure, symbolized by SRDA's umbrella logo, the agency ensures that Pueblo area senior citizens and other frail and handicapped persons maintain as healthy, self-reliant, and independent lifestyles as possible.

Silver Key Senior Assistance	1605 S. Murray Blvd Colorado Springs, CO 80916	719-884-2300	Monday – Wednesday 9am - 4pm & Thursday 9am to 2pm	https://www.silverkey.org/services/senior-assistance/food-pantry/	info@silverkey.org	These food boxes allow seniors to stretch their food dollars further by supplementing their diets with a variety of foods, such as: nonfat dry and ultra-high temperature fluid milk, juice, farina, oats, ready-to-eat cereal, rice, pasta, peanut butter, dry beans, canned meat or poultry or fish, and canned fruits and vegetables. Meals on Wheels also available. Available for Seniors 60yrs and older.
Shelters						
Springs Rescue Mission	5 W Las Vegas St Colorado Springs, CO 80903	719-884-2758 or 719-314-2398	Monday - Sunday 5pm	https://www.springsrescuemission.org/winter-homeless-shelter/	Info@SpringsRescueMission.org	Due to global concerns about the COVID-19 virus, Springs Rescue Mission is in emergency operations mode. This means we are limiting community interactions on and off-campus. Our gift-in-kind donation dock will be closed until March 31 and all community events are postponed until further notice. We pray these efforts will allow us to focus our attention on guests and staff during this difficult time. SRM will still serve meals, provide shelter, and offer programming (where possible) to those in need.
Military						
Pikes Peak Military Care Network	1257 Lake Plaza Drive #220 Colorado Springs, CO 80906	719-577-7417	Monday - Friday 8am to 5pm	https://pikespeak.co.networkofcare.org/veterans/content.aspx?id=14610	Email on Site	Peak Military Care Network (PMCN) connects our community's military service members, veterans and their families to the highest quality resources provided by our trusted community partners. Service members, veterans and family members are able to receive help from PMCN by phone (719-577-7417), online or in person.
The Home Front Cares	1120 N Circle Drive #230 Colorado Springs, CO 80909	719-434-1407	Monday - Friday 9am to 4pm	https://www.thehomefrontcares.org	info@thehomefrontcares.org	The Home Front Cares provides an emergency financial bridge and responsive support to Colorado's military members, veterans and their families impacted by service to our Nation.
Utilities						
Black Hills Energy	105 S Victoria Ave Pueblo, CO 81003	888-890-5554	Monday - Friday 7am to 6:30pm	https://www.blackhillsenergy.com/safety/response-covid-19-your-safety-our-top-priority	Email on Site	To support our customers who may be impacted by the nation's response to COVID-19, Black Hills Energy is temporarily suspending nonpayment disconnections for our customers. We realize that due to possible extended periods of isolation, customers may face financial hardships affecting their ability to timely pay their energy bills. We offer various assistance options to our customers such as, payment arrangements, budget billing and medical extensions. Visit www.blackhillsenergy.com for more information about these programs.
Colorado Springs Utilities	111 S Cascade Ave Colorado Springs, CO 80903	719-448-4800	Monday - Friday 8am to 5pm	https://www.csu.org/Pages/coronavirus.aspx	askus@csu.org	Colorado Springs Utilities will not disconnect water, sewer, or natural gas services over the inability to pay bills during the COVID-19 pandemic. Contact Colorado Springs Utilities customer service to be placed on payment plan (719-448-4800) or visit www.csu.org to make payments or request support.
At Home Activities						
20 Virtual Field Trips				https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html		Virtual field trips are a great way to expose kids to new places all from the comfort of home. In this age of technology, so many museums, zoos and aquariums have set up virtual tours and webcams of their facilities. Now more than ever, is it easier to visit destinations around the world from the comfort of your couch.
Breezy Special Ed				http://www.breezyspecial.com/2020/03/distance-home-learning-packets-and.html?m=1 Yoga 4 kids	brie@breezyspecial.com	This definitely presents a unique challenge for all teachers (and families), and especially special education teachers who are wondering how in the world am I going to do that? Here's a few ideas, including some FREE (and some paid) resources.
Free Education Subscriptions				https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/		With schools closing across the nation, parents and educators are in bit of a panic as they try to figure out how kids can learn and obtain their education from home. If this sounds like you, stop stressing. This is going to be super helpful!
Free Streaming Operas				https://www.vulture.com/2020/03/coronavirus-the-metropolitan-opera-to-stream-free-operas.html?utm_campaign=ivm&utm_source=fb&utm_medium=social&utm_term=.1693c368e57a3000P-jwVpU6aRVZ59fAZKw6LxSME3u9mLbc		OperaWire has reported that the Metropolitan Opera will host "Nightly Met Opera Streams" on its official website in an attempt to continue providing opera to its audience members.
National Geographic Kids				https://kids.nationalgeographic.com/		
NewsELA				https://newsela.com/		
Oxford Owl				https://www.oxfordowl.co.uk/		Discover expert advice, educational resources and free eBooks to support children's learning at primary school and at home, from Oxford University Press
PBS Reading Games				https://pbskids.org/games/reading/		
ReadWorks				https://www.readworks.org/		
Scholastic Learn at Home				https://classroommagazines.scholastic.com/support/learnathome.html	learnathome@scholastic.com	Daily courses for students from Pre-kindergarten to grades 6 and higher.
Sports Illustrated Kids				https://www.sikids.com/		
Squiggle Park				https://www.squigglepark.com/		
Starfall				www.starfall.com		
Storyline Online				https://www.storylineonline.net/		
Therapeutic Recreation Programs (TRP)	1315 E Pikes Peak Ave Colorado Springs, CO 80909	719-385-6958	Online Only	https://coloradosprings.gov/parks/page/therapeutic-recreation-program-trp	Email on Site	The TRP wants to share the start of an exciting new chapter of programming and communication with our participants, families, and supporters! We understand that changing routines is difficult, and we are here to help with this transition by bringing virtual activities to you at home. Watch our video to hear all about our plan for the upcoming weeks as we all discover new ways of staying connected and take part in creating a new daily routine! https://www.youtube.com/watch?v=5m-xFnc7LA
Virtual Museum Tours				https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours		Experience the best museums from London to Seoul in the comfort of your own home.
Word World				http://www.wordworld.com/apps-and-games/		

* Resources compiled from ARC Pikes Peak and multiple other online sources *