

Suicide Prevention							
HOTLINE							
National Suicide Prevention Hotline	800-273-8255			National LGBT Youth Suicide Prevention Hotline	866-488-7386		
National Suicide Prevention Hotline	800-784-2433			National Military Veterans Suicide Prevention Hotline	800-273-8255 (Press 1)		
National Suicide Prevention Hotline	800-799-4889			Pikes Peak Mental Health	719-635-7000		
National Suicide Prevention Hotline - Spanish Speaking	800-273-8255 (Press 2)			Suicide Prevention - Colorado	844-493-8255		
Text Hotline (Colorado)	Text "HELP" to 38255			Suicide Prevention - Pikes Peak Region	719-596-5433		
Text Hotline (National)	Text "HELP" to 741741						
Name	Address	Phone Number	Hours	Website	Email	Notes	Insurance Accepted
80036							
Yellow Ribbon Suicide Prevention	PO Box 644 Westminster, CO 80036	303-429-3530	Call for Hours	<a href="http://yellowribbon.org/">http://yellowribbon.org/</a>	<a href="mailto:askhelp@yellowribbon.org">askhelp@yellowribbon.org</a>	Yellow Ribbon Suicide Prevention Program® is dedicated to preventing suicide and attempts by making suicide prevention accessible to everyone and removing barriers	
80045							
University of Colorado Depression Center	13199 East Montview Blvd #330 MS F550 Aurora, CO 80045	303-724-3300	Call for Appointment	<a href="http://www.coloradodepressioncenter.org/">http://www.coloradodepressioncenter.org/</a>	<a href="mailto:depression.center@ucdenver.edu">depression.center@ucdenver.edu</a>	Operating within the University of Colorado School of Medicine, the Center is located on the state-of-the-art Anschutz Medical Campus alongside facilities for six schools, three hospitals, and 41 affiliated specialty centers and institutes. The Center has three core areas: Research, Clinical Care and Community Programs /Education. Together, these three program areas create a comprehensive approach to care for people with mood disorders that is found nowhere else in the Rocky Mountain region.	
80110							
Sources of Strength	59 Floyd Ave Englewood, CO 80110	701-471-7186	Call for Appointment	<a href="https://sourcesofstrength.org/">https://sourcesofstrength.org/</a>	<a href="mailto:info@sourcesofstrength.org">info@sourcesofstrength.org</a>	Our mission is to provide the highest quality evidence-based prevention for suicide, violence, bullying and substance abuse by training, supporting and empowering both peer leaders and caring adults to impact their world through the power of connection, hope, help and strength.	
80203							
Mental Health America of Colorado	1120 Lincoln St Suite 1606 Denver, CO 80203	720-208-2220	Call for Appointment	<a href="http://www.mentalhealthcolorado.org/">http://www.mentalhealthcolorado.org/</a>	<a href="mailto:info@mentalhealthcolorado.org">info@mentalhealthcolorado.org</a>	Mental Health Colorado is the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. We are a nonprofit, nonpartisan organization and an affiliate of Mental Health America.	
80222							
Speaking of Suicide - Stacey Freedenthal, Ph.D., LCSW	4770 E Iffit Ave Denver, CO 80222	720-837-7324	Call for Appointment	<a href="http://www.speakingofsuicide.com/">http://www.speakingofsuicide.com/</a>	<a href="mailto:sfreedenthal@gmail.com">sfreedenthal@gmail.com</a>	Stacey Freedenthal, PhD, LCSW, is the author of this website and of the book Helping the Suicidal Person: Tips and Techniques for Professionals. Dr. Freedenthal is an associate professor at the University of Denver Graduate School of Social Work. She also is a psychotherapist and consultant.	
80228							
Second Wind Fund of El Paso and Teller Counties	13701 W Jewell Ave #251 Lakewood, CO 80228	720-962-0706	Call for Appointment	<a href="http://www.thesecondwindfund.org/">http://www.thesecondwindfund.org/</a>	<a href="mailto:Email on Site">Email on Site</a>	Second Wind Fund believes that every child and youth at risk of suicide should have access to the mental health treatment they need. We match children and youth at risk for suicide with licensed therapists in their communities. If a financial or social barrier to treatment is present, we pay for up to 12 sessions of therapy from one of our specialized network providers. Our unique program helps referred youth discover hope and healing in their lives.	
80246							
Colorado Office of Suicide Prevention	4300 Cherry Creek Drive South Denver, CO 80246	303-692-2539	List of Meetings Online	<a href="https://www.colorado.gov/pacific/dpbe/suicide-prevention-commission">https://www.colorado.gov/pacific/dpbe/suicide-prevention-commission</a>	<a href="mailto:sarah.brummett@state.co.us">sarah.brummett@state.co.us</a>	The Suicide Prevention Commission serves as the interface between the public and private sectors in establishing statewide suicide prevention priorities that are data-driven and evidence-based. By focusing on current resources and expanding the network of partnerships across the state, the commission boosts the efforts of Colorado's Office of Suicide Prevention and makes annual reports to the governor as well as the General Assembly.	
80301							
Colorado Mental Health and Addiction Services	487 Foley St Boulder, CO 80301	954-655-6377	Monday - Thursday 9am to 6pm; Friday 9am to 3pm	<a href="http://www.mhacolorado.org/">http://www.mhacolorado.org/</a>	<a href="mailto:Email on Site">Email on Site</a>	Colorado Mental Health and Addiction Services is an organization located in Boulder, Colorado that provides counseling services for those with mental illnesses or substance abuse issues. Founded in 2015, the Colorado Mental Health and Addiction Services has had a great deal of success helping those in addiction recovery and helping those who have been diagnosed with a mental illness.	
80308							
Suicide Prevention Coalition of Colorado	PO Box 17614 Boulder, CO 80308	720-934-2387	Call for Upcoming Events	<a href="https://suicidepreventioncoalitionofcolorado.wildapricot.org/">https://suicidepreventioncoalitionofcolorado.wildapricot.org/</a>	<a href="mailto:info@suicidepreventioncolorado.org">info@suicidepreventioncolorado.org</a>	The Suicide Prevention Coalition of Colorado (SPCC) was formed in 1999, when concerned citizens set out to create a statewide agency with the purpose of preventing suicide and creating a resource network for those who were working to prevent suicide around the state. Today, SPCC's membership of concerned agencies, organizations and individuals who are working in the areas of suicide prevention, intervention and postvention has statewide reach.	
80421							
AspenPointe - Bailey	460 County Road 43a Bailey, CO 80421	719-572-6100	Call for Appointment	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80440							
AspenPointe - Fairplay	970 Castello Fairplay, CO 80440	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80808							
AspenPointe - Calhan	328 10th St Calhan, CO 80808	719-572-6100	Call for Appointment	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80813							
AspenPointe - Cripple Creek	166 E Bennett Ave Cripple Creek, CO 80813	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80817							
AspenPointe - Fountain	350 Lychman Drive Fountain, CO 80817	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80863							
AspenPointe - Woodland Park	18401 US 24 #119 Woodland Park, CO 80863	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80903							
Colorado Springs Vet Center	602 S Nevada Ave Colorado Springs, CO 80903	719-471-9992	Monday 6:30am to 4:30pm; Tuesday 6:30am to 8pm; Wednesday 6:30am to 4:30pm; Thursday 6:30am to 8pm; Friday 6:30am to 4:30pm	<a href="http://www.va.gov/directory/guide/facility.asp?ID=506">http://www.va.gov/directory/guide/facility.asp?ID=506</a>	<a href="mailto:austin.wilmarth@va.gov">austin.wilmarth@va.gov</a>	Individual and group counseling for Veterans and their families. Family counseling for military related issues. Bereavement counseling for families who experience an active duty death. Military sexual trauma counseling and referral. Outreach and education including PDHRA, community events, etc. Substance abuse assessment and referral. Employment assessment & referral. VBA benefits explanation and referral. Screening & referral for medical issues including TBI, depression, etc.	
Pikes Peak Suicide Prevention	704 North Tejon Street Colorado Springs, CO 80903	719-573-7447	Monday - Friday 9am to 5pm	<a href="http://www.pikespeaksuicideprevention.org/home.html">http://www.pikespeaksuicideprevention.org/home.html</a>	<a href="mailto:info@pikespeaksuicideprevention.org">info@pikespeaksuicideprevention.org</a>	Providing support groups and counseling for those who have thought of suicide, survivors and families.	
80905							
AspenPointe - Moreno	875 W Moreno Ave Colorado Springs, CO 80905	719-572-6100	Monday - Friday 7am to 7pm; Saturday and Sunday 8am to 4:30pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80906							
AspenPointe - Circle	2864 S Circle Drive Suite 600/1100 Colorado Springs, CO 80906	719-572-6100	Monday - Friday 8:30am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
80909							
Heartbeat - Grief Support Following Suicide (East Methodist Church)	1505 East Monument Colorado Springs, CO 80909	719-229-9657	1st Tuesday of the Month 7pm to 9pm	<a href="http://www.heartbeaturvivorsaftersuicide.org/comfort.shtml">http://www.heartbeaturvivorsaftersuicide.org/comfort.shtml</a>	<a href="mailto:Van_thournout@msn.com">Van_thournout@msn.com</a>	HEARTBEAT is peer support offering empathy, encouragement and direction following the suicide of a loved one.	
80910							
AspenPointe - Lighthouse	115 South Parkside Drive Colorado Springs, CO 80910	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
AspenPointe - Parkside Drive	179 Parkside Drive Colorado Springs, CO 80910	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
AspenPointe - Ruskin Drive	230 Ruskin Drive Colorado Springs, CO 80910	719-572-6100	Monday - Friday 8am to 5pm	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
Colorado Crisis Services	115 S Parkside Drive Colorado Springs, CO 80910	844-493-8255	24/7	<a href="http://coloradocrisiservices.org/">http://coloradocrisiservices.org/</a>	<a href="mailto:CHAT ONLINE">CHAT ONLINE</a>	Our walk-in crisis services are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need. If you need in-person assistance, or are helping others with a crisis, you can always visit a walk-in crisis services location near you. Some locations provide crisis beds for 1-5 days, for either voluntary or involuntary treatment.	Bills insurance but EVERYONE is welcome to receive services, free of charge!
80923							

AspenPointe - Woodmen	6071 E Woodmen Rd Suite 135 Colorado Springs, CO 80923	719-572-6100	24/7	<a href="https://www.aspenpointe.org/">https://www.aspenpointe.org/</a>	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>	AspenPointe offers both a Walk-in Crisis Center and a short-term inpatient facility offering treatment for acute mental health issues.	Medicaid, Medicare, Tricare, Cigna, Beacon Health (Value Options), Multiplan, UBH, BCBS, Humana, Aetna, Rocky Mountain Health Plans, Bright Health
Colorado Crisis Services	6371 E Woodmen Rd Ste 135 Colorado Springs, CO 80923	844-493-8255	24/7	<a href="http://coloradocrisiservices.org/">http://coloradocrisiservices.org/</a>	CHAT ONLINE	Our walk-in crisis services are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need. If you need in-person assistance, or are helping others with a crisis, you can always visit a walk-in crisis services location near you. Some locations provide crisis beds for 1-5 days, for either voluntary or involuntary treatment.	Bills Insurance but EVERYONE is welcome to receive services, free of charge!
Peak View Behavioral Health	7353 Sisters Grove Colorado Springs, CO 80923	719-444-8484	24/7	<a href="http://www.peakviewbh.com/">http://www.peakviewbh.com/</a>	<a href="mailto:info@peakviewbh.com">info@peakviewbh.com</a>	Peak View Behavioral Health is an acute behavioral health hospital serving adolescents, adults and seniors located in Colorado Springs, CO. We provide a structured, therapeutic and safe environment for those patients who require acute care with psychiatric, mental or behavioral challenges. Our multidisciplinary team approach makes use of a highly-trained medical and professional staff to help individuals find the self-acceptance and confidence they need to be successful in their families, communities, work places and schools.	Medicaid, Tricare, and third-party
<b>81001</b>							
Colorado Crisis Services	1310 Chinook Lane Pueblo, CO 81001	844-493-8255	24/7	<a href="http://coloradocrisiservices.org/">http://coloradocrisiservices.org/</a>	CHAT ONLINE	Our walk-in crisis services are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need. If you need in-person assistance, or are helping others with a crisis, you can always visit a walk-in crisis services location near you. Some locations provide crisis beds for 1-5 days, for either voluntary or involuntary treatment.	Bills Insurance but EVERYONE is welcome to receive services, free of charge!
<b>National Centers</b>							
American Association of Child and Adolescent Psychiatry	3615 Wisconsin NW Washington, DC 20016	202-966-7300	Monday - Friday 9am to 6pm	<a href="http://www.aacap.org/">http://www.aacap.org/</a>	<a href="mailto:clinical@aacap.org">clinical@aacap.org</a>	National professional medical association dedicated to treating and improving the quality of life for children, adolescents, and families affected by mental health disorders. Their website includes extensive resources for families and a "Child & Adolescent Psychiatrist Finder".	
American Association of Suicidology	5221 Wisconsin Ave NW Washington, DC 20015	202-237-2280	24/7	<a href="http://www.suicidology.org/">http://www.suicidology.org/</a>	Email on Site	Dedicated to the understanding and prevention of suicide. Site includes a variety of resources including: suicide facts and statistics, recommended reading, videos and links, as well as information for survivors, including suggested books and support groups.	
American Psychiatric Association	800 Maine Ave SW Suite 900 Washington, DC	888-357-7924	Monday - Friday 9am to 6pm	<a href="https://www.psychiatry.org/">https://www.psychiatry.org/</a>	<a href="mailto:apa@psych.org">apa@psych.org</a>	Site offers mental health topics, including suicide, information on children and other populations, fact sheets, medication information, etc.	
American Psychological Association	750 First St NE Washington, DC 20002	800-374-2721	Monday - Friday 9am to 6pm	<a href="http://www.apa.org/">http://www.apa.org/</a>	<a href="mailto:customerservice@apa.org">customerservice@apa.org</a>	Information on psychology topics, including suicide and bullying. Each topic has brief information, what to do, getting help, related news articles and books.	
DrugRehab.com	1 S Orange Ave Suite 503 Orlando, FL 32801	844-809-1153	24/7	<a href="https://www.drugrehab.com/guides/suicide-risks/">https://www.drugrehab.com/guides/suicide-risks/</a>	<a href="mailto:webmaster@drugrehab.com">webmaster@drugrehab.com</a>	Alcohol and drug abuse are among the leading risk factors for suicide. People with substance use disorders may experience hopelessness and suicidal thoughts, but treatment for addiction has helped people find purpose and happiness in life.	
National Institute of Mental Health	6601 Executive Blvd Room 6200 MSC 3663 Bethesda, MD 20892	1-866-615-6464	Monday - Friday 8:30am to 5pm	<a href="https://www.nih.gov/">https://www.nih.gov/</a>	<a href="mailto:nimhinfo@nih.gov">nimhinfo@nih.gov</a>	Promotes mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research and service. Mental Health America also provides a search function mental health information in English and Spanish.	
SAMHSA's National Mental Health Information Center	5600 Fishers Lane Rockville, MD 20857	877-726-4727	Monday - Friday 8:30am to 5pm	<a href="http://www.samhsa.gov/">http://www.samhsa.gov/</a>	Email on Site	The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.	
Suicide Prevention Resource Center	43 Foundry Ave Waltham, MA 02453	877-438-7772	Monday - Friday 9am to 5pm	<a href="http://www.sprc.org/">http://www.sprc.org/</a>	<a href="mailto:info@sprc.org">info@sprc.org</a>	The Suicide Prevention Resource Center (SPRC) is supported by a grant (1 U79 SM062297) from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (DHHS).	
<b>Online</b>							
You Matter		1-800-273-8255	24/7	<a href="http://www.youmatter.suicidpreventionlifeline.org/">http://www.youmatter.suicidpreventionlifeline.org/</a>	CHAT ONLINE	You Matter is a safe space for youth to discuss and share stories about mental health and wellness, created and administered by the National Suicide Prevention Lifeline. You Matter blog posts are written by a rotating Blogger Council of individuals between the ages of 13-24 that are passionate about suicide prevention and mental health.	