

Mental Therapy Resources						
Name	Address	Phone Number	Hours	Website	Email	Notes
80045						
University of Colorado Depression Center	13199 East Montview Blvd #330 MS F550 Aurora, CO 80045	303-724-3300		http://www.coloradodepressioncenter.org/	depression.center@ucdenver.edu	Operating within the University of Colorado School of Medicine, the Center is located on the state-of-the-art Anschutz Medical Campus alongside facilities for six schools, three hospitals, and 41 affiliated specialty centers and institutes. The Center has three core areas: Research, Clinical Care and Community Programs /Education. Together, these three program areas create a comprehensive approach to care for people with mood disorders that is found nowhere else in the Rocky Mountain region.
80132						
Centura Health Physician Group Tri-Lakes Behavioral Health	17230 Jackson Creek Parkway #300 Monument, CO 80132	719-776-6850		https://www.penrosestfrancis.org/psf/specialties/behavioral-health/		
80203						
Mental Health America of Colorado	1120 Lincoln St #1606 Denver, CO 80203	720-208-2220		http://www.mentalhealthcolorado.org/	info@mentalhealthcolorado.org	Mental Health Colorado is the state's leading advocate for the prevention, diagnosis, and treatment of mental health and substance use disorders. We are a nonprofit, nonpartisan organization and an affiliate of Mental Health America.
80220						
Denver VA Medical Center - Mental Health Clinic	1055 Clermont Street Denver, CO 80220	303-399-8020	Monday - Friday 8am to 6pm	http://www.denver.va.gov/	https://iris.custhelp.com	Psychiatric Emergency Services Available Monday - Friday
80840						
USAF: 10th Medical Operations Squadron	4102 Pinion Drive Air Force Academy, CO 80840	719-333-5177	Monday - Friday 7:30am to 4:30pm	www.usafa.af.mil		Family Advocacy provides outreach services, prevention services and family maltreatment intervention. The mental health clinic provides comprehensive mental health care through medication management and individual counseling.
80863						
Welcome Home Warrior	471 S Baldwin Woodland Park, CO 80863	719-439-3621	Tuesday & Thursday 1pm to 6pm	www.whwarrior.org	Welcometohomewarrior@comcast.net	Services for soldiers, veterans and families including counseling with individuals and couples. Specializing in combat stress related problems affecting individuals and families. Sponsoring free family retreats for soldiers, veterans and their families as funding is available. Resource listings and referrals for special needs. Collaboration with Vacation Rental Managers for time away in Mtn. Cabins in Teller and Park County for veterans and active duty military (off season with 1 night free.)
Journeys Counseling and Education Center	320 Burdette St Woodland Park, CO 80863	719-687-6927	Monday - Friday 8am to 1pm	www.journeyscounselingcenter.com		Provides mental health, alcohol and substance abuse counseling. State funding available for qualified clients.
80866						
Teller County Veteran Service Officer	740 E Hwy 24 Woodland Park, CO 80866	719-689-3584	Monday 9am to 1pm; Tuesday & Wednesday 8am to 2:30pm; Friday 9am to 1pm		rmichael.bartol@state.co.us	The County Veterans Service Officer assists veterans and their dependents and survivors to obtain benefits from the federal, state and local agencies administering programs for veterans.
80903						
Bridge to Awareness Counseling Center	129 Costilla St, Colorado Springs, CO 80903	719-347-1642	Monday - Thursday 8am to 7pm; Friday 8am to 5pm; Saturday 8am to 1pm	http://www.drugtreatmentcoloradosprings.com/	info@btacc.org	Provides a variety of outpatient substance abuse and mental health services.
CASA	701 S Cascade Ave Colorado Springs, CO 80903	719-447-9898	Monday - Friday 8am to 5pm	http://www.casappr.org/		Creates a sense of awareness for parents who may be going through some type of litigation regarding their children (divorce, separation, paternity, post-decree, parental responsibility actions).
Center for Child Counseling	315 N Weber St #100 Colorado Springs, CO 80903	719-632-2663				
Center on Fathering	325 N El Paso Rd Colorado Springs, CO 80903	719-634-7797		http://dhs.elpasoco.com/Pages/COF.aspx		
Centro de la Familia	122 E Las Animas St Colorado Springs, CO 80903	719-227-9170		www.elcentrodelafamilia.org	centro@jioimail.com	Free/low cost counseling for spanish speaking clients
Colorado Springs Pride (COSPRIDE)	22 E Rio Grande St Colorado Springs, CO 80903	719-471-4429	Monday - Friday 10am to 5pm	www.springsequality.org		Nation's Oldest LGBT Community Center. Offering services and support for the LGBT Community.
Compassionate Counseling Consortium	10 Boulder Crescent Colorado Springs, CO 80903	719-278-7565	On Phone 24/7		theccc.cs2013@gmail.com	The CCC is a group of allied professionals providing quality counseling to community members through mutually empowering relationships.
Ecumenical Social Ministries	201 N Weber St Colorado Springs, CO 80903	719-636-1916		http://www.ecusocmin.org/		
El Paso County Veteran Service Officer	105 E Vermijo Colorado Springs, CO 80903	719-520-7750	Monday - Thursday 6:30am to 12pm & 12:30pm to 5pm		jimtackett@elpasoco.com	The County Veterans Service Officer assists veterans and their dependents and survivors to obtain benefits from the federal, state and local agencies administering programs for veterans
First Presbyterian Church	219 E Bijou St Colorado Springs, CO 80903	719-884-6141	Monday - Friday 9am to 12pm & 1pm to 5pm	http://www.first-pres.org/	firstpresnorth@first-pres.org	Offers pastoral counseling and day camps for families in the Colorado Springs area.
Franciscan Community Counseling	228 N Cascade Ave Colorado Springs, CO 80903	719-955-7008		http://www.franciscancommunitycounseling.org/		
Gerald Sandeford MA LPC	10 Boulder Crescent Colorado Springs, CO 80903	719-330-7668	Tuesday - Friday 9am to 7pm; Saturday 9am to 5pm	http://springswellness.net/	gsandeford@aol.com	Specializes in the treatment of Anxiety, Depression, and couples counseling, and provides parenting solutions as requested. Cognitive Behavior Therapy, Solution Focused Brief Therapy, Dialectical Behavior Therapy, and EMDR are the treatment preferences.
Janice Black MSW, LISW, Licensed Psychotherapist	524 North Tejon St Colorado Springs, CO 80903	719-201-0887	Call for Appointment	http://www.janiceblack.com/	JaniceBlack@gmail.com	Individual, Couple, and Family Counseling. Therapeutic Supervised Visitation, Child and Family Investigations
Marriage and Family Treatment Center	218 E Cache La Poudre St Colorado Springs, CO 80903	719-520-1711				
National Alliance for the Mentally Ill	510 E Williamette Ave Colorado Springs, CO 80903	719-473-8477		http://www.namcoloradosprings.org/		
Peak Parent Center	611 North Weber Colorado Springs, CO 80903	800-284-0251	Monday - Friday 8:30am to 4:30pm	www.peakparent.org	info@peakparent.org	Provides training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.
PTSD Trauma Treatment Center	422 E Vermijo Ave Colorado Springs, CO 80903	719-432-8175	Monday - Friday 9am to 6:30pm	http://www.operationnewnormal.com/	Stefanie@OperationNewNormal.com	Provides counseling and coaching services - specializing in, but not limited to, Post Traumatic, Combat and Operational Stress (PTSD, COSR). Modalities include Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Processing Therapy (CPT), Cognitive Behavioral Therapy (CBT), Equine-Assisted Psychotherapy, and Family Therapy.
Rockies Counseling Center	555 E Pikes Peak Ave Colorado Springs, CO 80903	719-442-0606		https://www.rockies.edu/resources/counseling_center.htm		
Rockie Mountain Human Services	24 S Weber St Colorado Springs, CO 80903	303-368-3822		https://www.rmhumanservices.org/program/behavioral-health		We work with adults who have intellectual/developmental disabilities (I/DD), traumatic brain injuries and/or other cognitive needs.
Samaritan Counseling & Education Center of the Pikes Peak Region	420 N Nevada Ave Room 1385 Colorado Springs, CO 80903	719-471-2500		http://samaritan-counseling-and-education-center-of-the-pikes-peak-region.html		
The Children Left Behind	704 N Tejon St Colorado Springs, CO 80903	719-573-7447				
Thede Family Center for Autism and Neurodevelopmental Disorders	309 E St. Vrain Colorado Springs, CO 80903	719-473-9203		www.heartforlistening.com		
University of the Rockies - Rockies Counseling Center	555 East Pikes Peak Ave Colorado Springs, CO 80903	719-442-0606	Monday - Thursday 9am to 9pm; Friday 9am to 5pm; Saturday 9am to 3pm	http://www.rockies.edu/		Provides high-quality, low-cost psychotherapy and assessment to individuals, couples, and families in the Pikes Peak area. Our services are available for a flat fee of \$25 per session. A sliding scale is also in place for those with limited ability to pay. Master's and doctorate psychology students of University of the Rockies use the Center for on-site training.
UCCS - Aging Center (CUAC)	1436 N Hancock Colorado Springs, CO 80903	719-471-4884	Monday - Thursday 9am to 4pm; Friday 9am to 2pm	http://www.uccs.edu/~agingcenter/	cuaging@uccs.edu	Currently the only geropsychology training clinic in the nation linking the academic standards of excellence and innovative clinical training with the practical needs of the community. The CUAC provides comprehensive psychological and neuropsychological assessment and treatment services to individuals 55+ as well as their families, trains graduate students in clinical geropsychology and supports the study of psychological aging processes. All CUAC services are offered on a low-fee sliding scale or at no cost.
80905						
Aspen Pointe (Adult and Rural Services)	875 West Moreno Ave Colorado Springs, CO 80905	719-572-6100		www.aspenpointe.org	info@AspenPointe.org	Counseling and Therapy
Great Relationships Education Center	980 Pico Point Colorado Springs, CO 80905	719-527-4292		www.greatrelationshipsed.com		Wide variety of individual and family counseling services
Haven House Inc	111 N Walnut St Colorado Springs, CO 80905	719-578-1181				

80906						
A Family Harbor	1330 Quail Lake Loop #200 Colorado Springs, CO 80906	719-465-5000		www.afamilyharbor.org		Individual, family, and group therapy. Tricare Accepted
Cedar Springs Behavioral Health Systems	2135 S Gate Rd Colorado Springs, CO 80906	719-633-4114	Open 24/7	http://www.cedarspringsbhs.com/		Acute and residential inpatient psychiatric treatment for both children and adults.
First Choice Counseling Center	2864 South Circle Drive Ste 600 Colorado Springs, CO 80906	719-314-42241				Provide substance abuse and mental health counseling for active duty service members, families, retirees. Focus on individual, group, and family therapy.
Heidi York LPC LAC	1255 Lake Plaza Drive Colorado Springs, CO 80906	719-248-8276	Monday - Friday 8am to 8pm	IntentionalInsights.net	PerspectiveShift@msn.com	The clinical services offered to individuals, couples, adolescents, children and families include cognitive behavioral therapy, eye movement desensitization reprocessing (EMDR), PTSD, recovery from trauma, addiction/relapse prevention, grief and loss work, group treatment including exposure and stress-inoculation training, experiential, anger management, and llama therapy.
Pikes Peak Hospice Care	2550 Tenderfoot Hill St Colorado Springs, CO 80906	719-633-3400		http://www.pikespeakhospice.org/		
Warrior Support Center	1330 Quail Lake Loop Colorado Springs, CO 80906	719-540-2100	Monday - Friday 8am to 8pm	https://coloradosprings.havenbehavioral.com/	Haven-CoSprgs-Info@havenllc.com	The Warrior Support Center provides a variety of clinical counseling services for retired and active duty military personnel, their family members, and others in need of psychotherapy services.
80907						
AXIS Counseling	1414 N Nevada Ave Colorado Springs, CO 80907	719-722-3425 x930				
Centura Health Penrose St. Francis Hospital	2222 N Nevada Ave Colorado Springs, CO 80907	719-776-5000	Open 24/7	www.penrosestfrancis.org		Full spectrum of medical and rehabilitative health services
Centura Health Physician Group Behavioral Health Penrose Pavilion	2312 N Nevada Ave #215 Colorado Springs, CO 80907	719-776-6850		https://www.penrosestfrancis.org/psf/specialties/behavioral-health/		
Colorado Springs Pregnancy Center	3925 Centennial Blvd Colorado Springs, CO 80907	719-623-2870		http://www.cspregnancycenter.com/		
Dave Draxton, MA, LPC	1414 N Nevada Ave Colorado Springs, CO 80907	719-210-4520		http://www.davedraxton.com/		
El Paso County Department of Health and Environment	1675 W Garden of the Gods Rd Ste 2044 Colorado Springs, CO 80907	719-578-3199	Monday - Friday 7:30am to 4pm	http://www.elpasocountyhealth.org/	healthinfo@elpasoco.com	Supplemental nutrition program for women, parent and nurturing programs
Family Attachment Center (FACE)	2913 Beacon St Colorado Springs, CO 80907	719-632-3204		http://www.familyattachmentcenter.org/	itrentalange@familyattachmentcenter.org	Non-profit counseling center for families who have children ages 0-17 years. We provide a variety of Family Therapy Modalities along with Parent Education designed to fit the individual needs of our clients. We have parenting courses for biological, the single parent, foster and adoptive parents and the blended family
Reigel Center	2312 N Nevada Ave #215 Colorado Springs, CO 80907	719-776-6850		https://www.penrosestfrancis.org/psf/specialties/behavioral-health/		Drug/Alcohol Treatment. Outpatient for adults ONLY!
Springs Counseling Center	4585 Hilton Parkway Colorado Springs, CO 80907	719-331-3338	Monday - Thursday 9am to 7pm; Friday 9am to 3pm	http://www.springscounseling.com/	Wes@SpringsCounseling.org	Individual, Family, Couple Counseling
Veterans Mental Health Clinic	320 E Fontanero St #304 Colorado Springs, CO 80907	719-327-5660				
80908						
Woodmen Valley Chapel: Military Connection	8292 Woodmen Valley View Colorado Springs, CO 80908	719-388-5000		www.woodmenvalley.org		Military personnel and their families face extraordinary stresses unique to their calling to serve and defend; we also realize that you develop unique skills and perspectives.
80909						
ACI Counseling	3608 Galley Road Colorado Springs, CO 80909	719-201-7376		www.acimentalhealth.com		Child/Adolescent/Adult/Geriatric/Family Services, chemical dependency programs, court evaluations, medication management. State-Approved DUI classes.
Centura Health Physician Group Behavioral Health Audubon	3027 N Circle Drive Colorado Springs, CO 80909	719-776-6850		https://www.penrosestfrancis.org/psf/specialties/behavioral-health/		
Colorado Springs Pregnancy Center	3700 Galley Rd Colorado Springs, CO 80909	719-591-2724		http://www.cspregnancycenter.com/		
DBSA Depression & Bipolar Support Alliance	2132 E Bijou #112 Colorado Springs, CO 80909	719-477-1515	Call for Class Schedule	http://www.dbsacoloradosprings.org/	help@dbsacoloradosprings.org	Improve lives of people living with mood disorders (depression, bipolar, anxiety, PTSD).
Evans Army Community Hospital: Solider Family Assistance Center	851 Bennett St Bldg 8110 Colorado Springs, CO 80909	719-526-8251	Monday - Friday 6am to 6pm	http://evans.amedd.army.mil/bh/		Providing support and resources to Warrior Transition Battalion Soliders and their families.
Griffith Centers for Children	17 N Farragut Ave Colorado Springs, CO 80909	719-636-2122	Monday - Friday 8am to 5pm	http://www.griffithcenters.org/		Provides services for emotionally troubled boys between the ages of 10 and 21 in our residential care facility in Colorado Springs.
Harmonized Brain Centers	2149 N Academy Blvd Colorado Springs, CO 80909	719-661-6422		http://harmonizedbraincenters.com/		Utilizing Low Energy Neurofeedback System therapy, they are able to help with stress, depression, anxiety, ADHD, PTSD, TBI, Concussion, Autism Spectrum Disorder, Learning Disabilities, Migraines, Fibromyalgia, Seizure Disorders and other neurological conditions.
Mental Health Association of El Paso County	2377 Academy Blvd N Colorado Springs, CO 80909	719-633-4601		http://www.mentalhealthanswers.org/		
80910						
AspenPointe Child and Family Services	179 Parkside Dr Colorado Springs, CO 80910	719-572-6100		www.aspenpointe.org	info@AspenPointe.org	Child and Family Counseling
AspenPointe Health Services	115 S. Parkside Dr. Colorado Springs, CO 80910	719-572-6100		http://www.aspenpointe.org/	info@AspenPointe.org	Counseling and Therapy, Substance Use Treatment
80911						
Warrior Relaxation Response Program	123 Harvard St Colorado Springs, CO 80911	719-640-8158	24/7		antionejohnson@hotmail.com	Provides Cognitive Behavioral Psychotherapy sessions for individual and groups and a 4 week intensive Relaxation Response Training Program for soldiers, veterans, and their families. English, Spanish, Korean
80913 (Fort Carson)						
Department of Defense		719-440-5341		www.carson.army.mil		Military Family Life Consultant (MFLC) program, which offers trained, professional counselors.
Evans Army Community Hospital: Behavioral Health Department	1650 Cochrane Circle Fort Carson, CO 80913	719-526-7155	Monday - Friday 6am to 6pm	http://evans.amedd.army.mil/bh/		Provides counseling services to veterans and servicemembers
Social Work Services (Ft. Carson)	6303 Wetzel Ave Building 1526 Fort Carson, CO 80913	719-526-4585		www.carson.army.mil		
Well-Spouse Foundation		800-838-0879	Call for Information	www.wellspouse.org	info@wellspouse.org	The Well Spouse® Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. We offer peer to peer support and educate health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.
80915						
Association of the United States Army Pikes Peak Chapter	655 Space Center Drive Colorado Springs, CO 80915	719-637-4103		http://www.ausa.org/sites/chapters/PikesPeakChapter/Pages/default.aspx		The chapter's general focus area is supporting the soldiers and retirees stationed at all posts, and in the Southern Colorado area. Our specific focus is the direct support of all deployed soldiers and their families.
80917						
A Children's Counseling Center	4251 Dale St Colorado Springs, CO 80917	719-639-4869		http://achildrencounselingcenter.com/		Individual, Family, Play, Group, Couples
New Heights Behavioral Health	3207 N Academy Blvd Colorado Springs, CO 80917	719-344-6378		http://www.tre.org/what-we-do/www-tre-org-newheights		Family, Individual, Group, Child, Adolescent, Foster Families, Military and In-Home Therapies.
80918						
Empowerment Therapy Center	5855 Lehman Drive Colorado Springs, CO 80918	719-329-1900		http://www.etcwf.org/		
80919						
Franciscan Community Counseling	7665 Assisi Heights Colorado Springs, CO 80919	719-955-7008		http://community.stfrancis.org/	Sharon@stfrancis.org	Family and Group Counseling
80920						
Empowerment Therapy Center	8605 Explorer Drive Colorado Springs, CO 80920	800-232-6459		http://www.focusonthefamily.com/	help@FocusontheFamily.com	Family Counseling
Regis Center for Counseling and Family Therapy	7450 Campus Drive Colorado Springs, CO 80920	719-264-7027	Hours vary by semester	http://legacysite.regis.edu/regis.asp?scn=cpserv&p1=cspriingscounseling		Provides individual, couples or family therapy and also provides counseling to active military, veterans and their families. Clients work with Student-therapists who are advanced, graduate students, under the supervision of a doctoral-level, licensed mental health clinician, who is a faculty member at Regis University.
80923						
Centura Health Penrose St. Francis Hospital	6001 E Woodmen Rd Colorado Springs, CO 80923	719-571-1000	Open 24/7	www.penrosestfrancis.org		Full spectrum of medical and rehabilitative health services

Peak View Behavioral Health	7353 Sisters Grove Colorado Springs, CO 80923	719-444-8484	Open 24/7	http://www.peakviewbh.com/	info@peakviewbh.com	Peak View Behavioral Health is an acute behavioral health hospital serving youth, adults and seniors located in Colorado Springs, CO. We work with ages 9+ including youth, adult, and geriatric populations for both inpatient and outpatient levels of care. We provide a structured, therapeutic and safe environment for those patients who require acute care with psychiatric, mental or behavioral challenges. Our multidisciplinary team approach makes use of a highly-trained medical and professional staff to help individuals find the self-acceptance and confidence they need to be successful in their families, communities, work places and schools.
80962						
Relationships Resources, Inc.	PO Box 62454 Colorado Springs, CO 80962	800-788-9171		relationshipsresources.org/		Facilitates growth for people in their relationships with others through practical, interactive, workshops, designed to help individuals and groups master relational skills. We excel in helping people relate more effectively to family, friends and co-workers.
81001						
Pueblo County Veteran Service Officer	2631 E 4th St Pueblo, CO 81001	719-583-6113	Monday - Friday 8am to 5pm		sabedrar@co.pueblo.co.us	The County Veterans Service Officer assists veterans and their dependents and survivors to obtain benefits from the federal, state and local agencies administering programs for veterans
81004						
Spanish Peaks Mental Health Clinic	1026 West Abriendo Ave Pueblo, CO 81004	719-545-2746	Call for hours	https://www.health.solutions/	info@health.solutions	We offer a range of mental health services in Pueblo, Huerfano and Las Animas counties in Southern Colorado.
81006						
El Pueblo: An Adolescent Treatment Community	1 El Pueblo Ranch Way Pueblo, CO 81006	719-404-1131			http://elpueblokids.org/	Adolescent Treatment Community is a private, non-profit organization serving the needs of "at-risk" youth and their families. By creating an environment of safety and loving care, El Pueblo empowers youth and their families to learn the skills they need to become productive members of the community.
81008						
Parkview Medical Center Behavioral Health	58 Club Manor Drive Pueblo, CO 81008	719-584-7327	Open 24/7	http://www.parkviewmc.com/	nancy_musso@parkviewmc.com	Parkview has 65 inpatient beds dedicated to helping those who suffer from acute mental health needs or chemical dependency.
Denver Area						
Child Healthplan Plus	723 Delaware St 3rd Floor, Denver, CO 80204	800-359-1991		https://www.colorado.gov/pacific/hcpf/child-health-plan-plus		
Colorado Access	10065 E Harvard #600 Denver, CO 80231	800-511-5010		http://www.coaccess.com/		
Highlands Behavioral Health System	8565 Poplar Way Littleton, CO 80130	720-348-2800		http://www.highlandsbhs.com/		
Parents without Partners	Arvada, CO	303-335-6556		http://www.parentswithoutpartners.org/		
20015						
American Association of Suicidology	5521 Wisconsin Ave NW Washington, DC 20015	202-237-2280		http://www.suicidology.org/	Email on Site	Dedicated to the understanding and prevention of suicide. Site includes a variety of resources including: suicide facts and statistics, recommended reading, videos and links, as well as information for survivors, including suggested books and support groups.
20016						
American Association of Child and Adolescent Psychiatry	3615 Wisconsin NW Washington, DC 20016	202-966-7300		http://www.aacap.org/	clinical@aacap.org	National professional medical association dedicated to treating and improving the quality of life for children, adolescents, and families affected by mental health disorders. Their website includes extensive resources for families and a "Child & Adolescent Psychiatrist Finder".